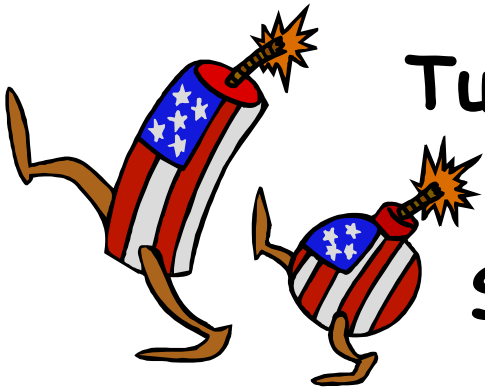


City of Torrance

**5-0 and on the go!**  
**Promoting fitness, fun, and friendships**

JULY/AUGUST 2012

# Bartlett Center's 4<sup>th</sup> of July Picnic Lunch



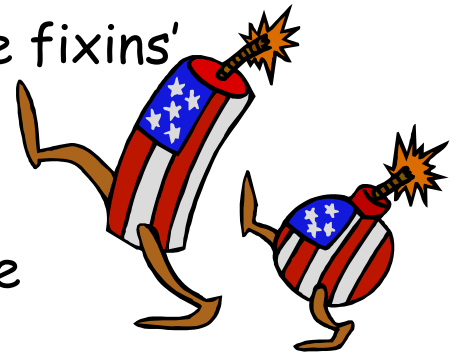
**Tuesday, July 3<sup>rd</sup>**  
**11:30 a.m.**  
**\$2 per person**



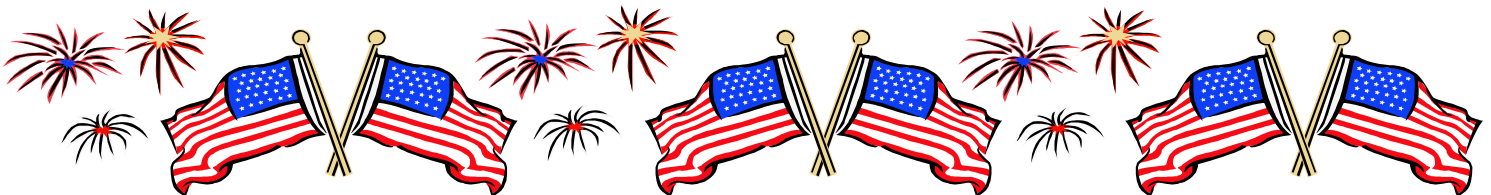
**Celebrating the American Spirit!**

## Menu:

1/4 Pounder Hot Dog with all the fixins'  
Baked Beans  
Potato Salad  
Red, White, & Blue Sundae



Tickets are on sale now at Bartlett Center



City of Torrance Community Services Department • RECREATION DIVISION  
3031 Torrance Blvd., Torrance, CA 90503 • 310-320-5918 • [www.Recreation.TorranceCA.Gov](http://www.Recreation.TorranceCA.Gov)  
"Creating and Enriching Community through People, Programs and Partnerships"



# Let's Rock!



Bring your entire family to Old Downtown  
Torrance for the Torrance Historical Society's  
*Rock Around the Block Party!*

Let's Rock Around the Century & Celebrate Torrance's Centennial  
1912 - 2012 and the All America City Award of the 1950's.

**Thursday, July 19, 2012 5 – 8 p.m.**

\* 100 Years of Vintage Cars on the Street!

\* Contests - Pie Eating, Bubble Gum Blowing,  
Hula Hoop, & a Cake Walk! All ages check it out!

\* Have an Ice Cream Cone or Slurp a Milk Shake!

\* Grab a Burger from the In-N-Out Burger Cookout Wagon!  
(Nominal Charge)

\* Eat your Burger at the Bartlett with the Southbay Strummers  
Ukulele Group!



\* Bop in the Street to 50's Music!

\* Checkout Old High School Yearbooks  
& Exhibits in the Museum!

**It's all Free!**

**Come on down and have some summer fun!**



## Torrance Travelers

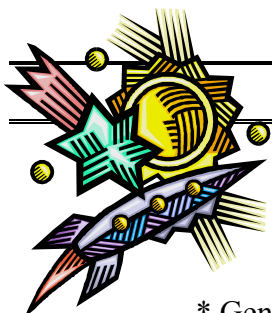
An evaluation of the Torrance Travelers tour program is currently taking place. During the evaluation process, the tour program will not operate. We hope to be offering tours in the fall. Please call the Tour Information Line at (310) 618-2468 for further information.

## CALENDAR OF EVENTS

What's going on? Mark your calendars for these upcoming events!

July 19 <sup>th</sup>	5 p.m.	Rock Around the Block Party
Bartlett Center		
August 21 <sup>st</sup>	10 a.m.	SENIORS: Don't Be Scammed! Internet & Telemarketing Scams
Civic Center Library		
October 12 <sup>th</sup>	11:30 a.m.	<i>Remember When</i> with the <i>Young at Heart Theatre</i> group
Ken Miller Recreation Center		Stage show and luncheon

## CENTERS



### FRIDAY RECREATION CENTER SENIORS

Ken Miller Recreation Center - - - - 3341 Torrance Blvd.

(Near Madrona & Torrance Blvd., behind the Torrance Plunge)

Fridays only \* Coffee, tea, and cookies 25¢ all day

**Chair Exercise** \* 8:15 a.m. - 9:45 a.m. **Fee: \$29/Semester**

\* Gentle stretching and low-impact movement will be done while seated and standing

\* Restore & maintain joint range of motion \* Toning & firming to improve flexibility and cardiovascular health

**Low Impact Aerobics Through Dance** \* 10 a.m. - 11:30 a.m. **Fee: \$29/Semester**

Roland teaches you salsa, meringues, and line dancing all in this terrific aerobic work-out!

*Classes are offered in cooperation with Torrance Adult School Older Adult Program*

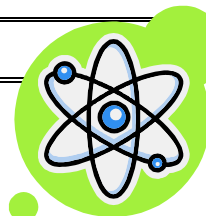
*and the City of Torrance Community Services Department.*

### HERMA TILLIM SENIOR CITIZENS CENTER

3614 W. Artesia Blvd. 310-329-1889

Tuesday, Wednesday, and Thursday 9 a.m. to 4 p.m.

TUESDAY	9 a.m. - 4 p.m.	BRIDGE AND TABLE GAMES
	9:30 a.m. - 11:30 a.m.	TORRANCE LOVING CARE "TLC" Greeting cards workshop 1 <sup>st</sup> Tuesday of the month
	9:30 a.m.	<b>NEW!</b> WIRE WRAPPING W/ CLIFF 2 <sup>nd</sup> & 4 <sup>th</sup> Tuesdays of the month
WEDNESDAY	9 a.m. - 4 p.m.	PINOCHLE AND TABLE GAMES
	9:30 a.m.	GENTLE FITNESS AND CHAIR DANCING
	12:30 p.m.	 MOVIE MATINEE - First Wednesday of the month
	12:30 p.m.	<b>NEW!</b> QUILTING & SEWING W/ SHAR 2 <sup>nd</sup> Wednesday of the month
	12:30 p.m.	<b>NEW!</b> BUNCO 3 <sup>rd</sup> Wednesday of the month
THURSDAY	9 a.m. - 4 p.m.	CENTER IS OPEN
	12:30 p.m. - 3 p.m.	BINGO – Play Bingo with friendly people. We have a very nice group, and a great caller! Please bring a canned good or non-perishable item worth \$1.



# TILLIM MOVIE MATINEE! Join us for movies at Tillim Center

First Wednesday of Each Month at 12:30 p.m.

No Movie in July

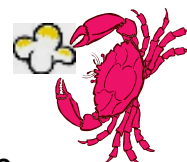


August 1, 2012: *Dolphin Tale*

Rated PG for some thematic elements.

FEATURING: Harry Connick, Jr., Ashley Judd, & Nathan Gamble

Movie for September: *An American in Paris*



## BARTLETT SENIOR CITIZENS CENTER

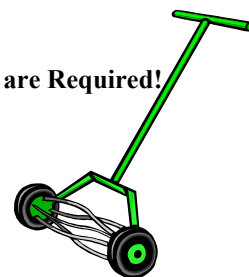
1318 Cravens Avenue 310-320-5918

**HOURS: MONDAY through SATURDAY - 8 a.m. to 4 p.m. SUNDAY - 12:30 p.m. to 4 p.m.**

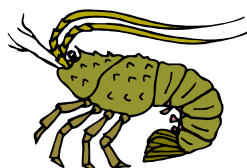
Hot, nutritious lunches served MONDAY through FRIDAY at 11:30 a.m. for the low cost of \$2. Please make reservations at least 24 hours in advance. If you need to cancel, please call so that others may take your place.

**Card Games, Table Games, and Pool playing all day, everyday, plus the following scheduled activities:**

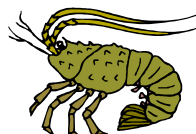
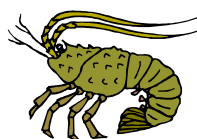
<b>MONDAY</b>	8:05 a.m.-9:35 a.m.	"Fitness Difference for Seniors"	<b>Fee: \$29/Semester</b>
		Co-Sponsored by Torrance Adult School - Older Adult Program	
	9:30 a.m.-12:30 p.m.	Lapidary Workshop	<b>Wrap-around Safety Glasses are Required!</b>
	10:15 a.m.-11:30 a.m.	Beg/Int Yoga	<b>Fee: \$29/Semester</b>
		Co-Sponsored by Torrance Adult School - Older Adult Program	
		Shuffleboard	
<b>TUESDAY</b>	9 a.m.-12 noon		
<b>WEDNESDAY</b>	8:05 a.m.-9:35 a.m.	"Fitness Difference for Seniors"	<b>Fee: \$29/Semester</b>
		Co-Sponsored by Torrance Adult School - Older Adult Program	
	9 a.m.-3 p.m.	Beadwork Workshop	
	10:15 a.m.-11:30 a.m.	Beg/Int Yoga	<b>Fee: \$29/Semester</b>
		Co-Sponsored by Torrance Adult School - Older Adult Program	
<b>THURSDAY</b>	9 a.m.-12 noon	Shuffleboard	
	9 a.m.	Ceramics Workshop	
	9:30 a.m.-12:30 p.m.	Lapidary Workshop	<b>Wrap-around Safety Glasses are Required!</b>
	12:30 p.m.	Thursday Afternoon at the Movies	
<b>FRIDAY</b>	9:30 a.m.-11:30 a.m.	Crafts, Knitting, & Crocheting Workshop	
	12:30 p.m.-2:30 p.m.	Seniors Open Discussion Group	
<b>SATURDAY</b>	9 a.m.-12 noon	Shuffleboard	
	9 a.m.	Bridge and assorted table games are played	
	9:30 a.m.	"The Swinging, Singing Seniors" Newcomers WELCOME!	
	9:30 a.m.-11 a.m.	South Bay Strummers Ukulele Group	
	12:30 p.m.	Saturday Afternoon at the Movies	
<b>SUNDAY</b>	12:30 p.m.-4 p.m.	Bartlett Center is Open! Drop on in!	



**Special Notes:** Legal Advice is available by appointment on the first Tuesday of the month at 11 a.m. and the third Tuesday of the month at 1:30 p.m. Please call 310-320-5918 to make an appointment.



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# **THURSDAY & SATURDAY MATINEES!**

## **FREE MOVIES & POPCORN**

### **BARTLETT CENTER CONFERENCE ROOM AT 12:30 P.M.**

**July 5 & 7**

#### ***Water for Elephants***

Rated PG-13 for moments of intense violence and sexual content.

Reese Witherspoon,  
Robert Pattinson,  
& Hal Holbrook

**July 12 & 14**

#### ***An American in Paris***

Not Rated

Leslie Caron,  
Gene Kelly,  
& Nina Foch

**July 19 & 21**

#### ***The Help***

Rated PG-13 for thematic content.

Emma Stone,  
Viola Davis,  
& Bryce Dallas Howard

**July 26 & 28**



#### ***Pirates of the Caribbean: Stranger Tides***

Rated PG-13 for intense sequences of action/adventure violence, some frightening images, sensuality, and innuendo.

Johnny Depp,  
Penélope Cruz,  
& Ian McShane

**August 2 & 4**

#### ***The Philadelphia Story***

Not Rated

Katherine Hepburn,  
Cary Grant,  
& James Stewart

**August 9 & 11**

#### ***Dolphin Tale***

Rated PG for some thematic elements.

Harry Connick, Jr.,  
Ashley Judd,  
& Nathan Gamble

**August 16 & 18**

#### ***Soul Surfer***

Rated PG for an intense accident sequence and some thematic material.

AnnaSophia Robb,  
Dennis Quaid,  
& Helen Hunt

**August 23 & 25**

#### ***Life as We Know It***

Rated PG-13 for sexual material, language, and some drug content

Katherine Hegl,  
Josh Dumahel,  
& Alexis Clagett

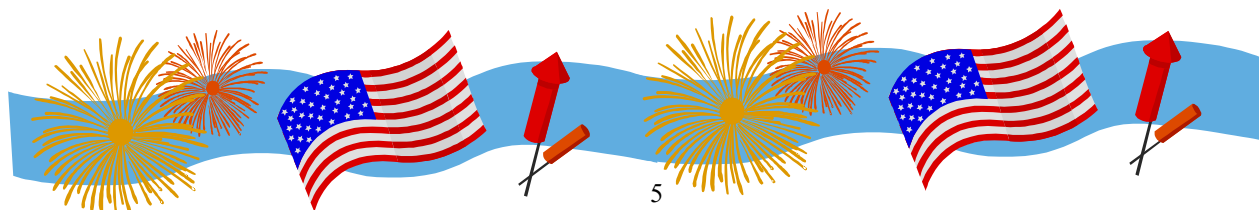
**August 30  
September 1**

#### ***Country Strong***

Rated PG-13 for thematic elements involving alcohol abuse and some sexual content.

Gwyneth Paltrow,  
Tim McGraw,  
& Garrett Hedlund

**SEATING IS LIMITED TO 25 PEOPLE - NO RESERVED SEATS - DOOR OPENS AT 12 NOON!**



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## WALTERIA PARK SENIOR CITIZENS CENTER

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3855 W. 242nd Street – 310-378-3862

MONDAY 12 noon to 4 p.m. \* Table Games and Pinochle \*

THURSDAY 12 noon to 4 p.m. \* Table Games and Bridge \*

Coffee & cookies always just 30¢!

Come spend some time with us Mondays and Thursdays – you'll really like it! We have a friendly group of Pinochle and Bridge players and you can jump right into the game! Drop in any Monday or Thursday afternoon!



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## SEA-AIRE SENIOR CITIZENS GOLF CLUB

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Sea-Aire Park - 22730 Lupine Drive - 310-543-4653 - 9 holes

Meets Every FRIDAY from 8:30 a.m. to 11 a.m.

Upcoming general meetings are July 6 and August 3, 2012

If you are a senior and would enjoy getting out for a morning of "pitch & putt" competition and good fellowship, come on out and see what we have to offer!



### Results of April's *Orange Ball* Tournament

First Place @ 94.0 Soon Rim, Ben Ko, & Carolyn Shofner

Second Place @ 97.0 Dave Baird, Don Sturges, & Joyce Eby

Third Place @ 100.0 Dave Matosky, Helen Anastassiou, & Terry Hayes

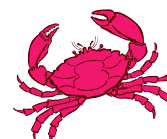
Fourth Place @ 100.4 Bob Fields, C.C. Graham, & Paul Nitchman

Fifth Place @ 100.7 Bob Reid, Kip June, & Dick Evans

Sixth Place @ 102.0 George Brown, Beverly Flynn, & Gino Aveni

Seventh Place @ 102.7 Jim Lawson, Tony Maes, & Ron Shodt

Eighth Place @ 111.7 Frank Berry, Dick Saunders, & Fran Thompson



### Results of May's *Best Two Out of Three* Tournament

First Place @ 94.0 net Frank Berry, Don Sturgess, & John McGee

Second Place @ 94.7 net Dave Matosky, John Holzman, & Martha Bragg

Third Place @ 97.4 net Beverly Flynn, Tony Maes, & Haydee Bandic

Fourth Place @ 98.4 net Jim Lawson, Helen Anastassiou, & C.C. Graham

 Fifth Place @ 100.7 net Paul Nitchman, Ben Ko, & Fran Thompson

Sixth Place @ 102.7 net George Brown, Dick Evans, & Carolyn Shofner

Seventh Place @ 106.0 net Marv Paskal, Beverly Flynn, & Terry Hayes





# BUNCO PARTY!

THIRD WEDNESDAY OF EACH MONTH

12:30 P.M.

TILLIM SENIOR CENTER

3614 ARTESIA BLVD., TORRANCE

310-329-1889



COME PLAY ONE OF THE MOST FUN GAMES AROUND, **BUNCO!**  
EVERYONE IS WELCOME!

## DID YOU KNOW?

July is National Hot Dog Month - National Hot Dog Day is July 21<sup>st</sup>.

Approximately 150 million hot dogs are consumed on the Fourth of July and the amount of chicken purchased the week before the holiday is 700 million pounds.

The Fourth of July was not declared a national holiday until 1941.

The stars on the original American flag were in a circle so all the Colonies would appear equal.

July is National Baked Beans Month. Michigan leads the nation in the production of dry edible navy beans, black beans, and cranberry beans.

August is *National Admit You're Happy Month* and in 1999 the *Secret Society of Happy People* declared August 8<sup>th</sup> as *Happiness Happens Day*, formerly known as, *Admit You're Happy Day*. There are three purposes of the month:

- ☺ Recognize and express happiness
- ☺ Listen to others talk about their happiness
- ☺ Don't rain on other people's parades



August 21<sup>st</sup> is *National Senior Citizens Day*, and honors our elderly population. On this day, we are encouraged to recognize and show appreciation for the value and contribution of elderly people to home, family and society. In his Presidential Proclamation (August 19, 1988), President Ronald Reagan said, "For all they have achieved throughout life and for all they continue to accomplish, we owe older citizens our thanks and a heartfelt salute. We can best demonstrate our gratitude and esteem by making sure that our communities are good places in which to mature and grow older." On National Senior Citizens Day, we should:

- 👑 Spend some time with senior citizens
- 👑 Show our appreciation for senior citizens
- 👑 Do volunteer work in support of the elderly
- 👑 If you are a senior citizen, enjoy your day any way you desire.  
After all, this is your day!

